Guide to Exploring Majors and Careers
Planning your career is a challenging and exciting process. Your skills, interests, personality, and values play an important role in your career choice. Self-assessment is the process of gathering information about yourself in order to make an informed career decision and ultimately establish a successful career identity. Learn about your values, interests, personality, and skills by reflecting on your experiences and completing a self-assessment.

**What To Assess?**

**Personality:** How well you fit in certain work environments  
**Interests:** What you enjoy doing  
**Skills:** What you do well  
**Values:** What motivates you

**How To Get Started**

University Career Services offers various career assessments including: Focus 2, Myers-Briggs Type Indicator, and the Strong Interest Inventory. Meet with a Career Development Specialist to determine which assessments are best for you and how to use them.

**Web Resources**

- University Career Services: careers.rutgers.edu ("Assess Your Skills & Interests,” “Explore Majors & Careers,” and “Exploring Rutgers Majors” sections)
- O*NET: www.onetonline.org/
- The UCS YouTube Library
- Vault (access through CareerKnight)

**Exploration Tips**

- Get involved on campus
- Check out the Rutgers academic department websites to review course offerings and faculty
- Meet with your academic advisor or dean to make sure you know all the academic requirements
- Engage in conversations with fellow students about their majors and coursework
- Connect with alumni on the Rutgers Student-Alumni Career Connect system
- Sign up for a field trip to learn more about careers you can pursue with your major
Exploring Majors and Careers

Remember that a major doesn’t always determine a career. While there are occupations that do require specific academic majors for certification (i.e. nursing and engineering), many do not. In fact, many graduates are working in career fields that are not directly related to their undergraduate programs of study.

Career Clusters

A career cluster is a grouping of similar occupations.

- Arts, Communications, and Entertainment
  Advertising, Art History, Communications, Fashion, Graphic Design, Journalism, Marketing, Writing...

- Business, Financial Services, and Logistics
  Accounting/Finance, Business, Economics, Financial Statistics, Information Technology, Sales, Supply Chain Management...

- Education and Public & Human Services
  Advocacy, Community Health Education, Higher Education, Law, Mental Health Counseling, Social Work...

- Food, Agriculture and Environmental & Natural Resources
  Agribusiness, Agronomy/Plant Sciences, Animal Care/Veterinarian, Food Science, Sustainability...

- Life Sciences and Health
  Allied Health, Biotechnology, Forensic Pathology, Medicine, Nursing, Pharmacy, Physical Therapy...

- Science, Technology, Engineering, and Math
  Astronomy, Computer Science, Engineering, Geology, Material Sciences, Mathematics, Statistics, Physics...

Unsure about a major or your career options?

Schedule a 30-minute appointment with a Career Development Specialist through your CareerKnight account.
CareerKnight
Your Key to Exploring Majors and Careers

CareerKnight is your online career management system, developed specifically for Rutgers students and alumni. Through CareerKnight you can navigate every step of your career development plan with an abundance of resources:

• Schedule career advising appointments
• Register for upcoming workshops and events
• View and apply for internship and job listings
• Participate in the On-Campus Interviewing Program
• Learn about the latest career and internship fair

careers.rutgers.edu/CareerKnight