Guide to Exploring Majors and Careers

careers.rutgers.edu
Division of Undergraduate Academic Affairs,
Rutgers, The State University of New Jersey
Planning your career is a challenging and exciting process. Your skills, interests, personality, and values play an important role in your career choice. Self-assessment is the process of gathering information about yourself in order to make an informed career decision and ultimately establish a successful career identity. Learn about your skills, interests, personality, and values by reflecting on your experiences and completing a self assessment.

What To Assess?
Personality: How well you fit in certain work environments
Interests: What you enjoy doing
Skills: What you do well
Values: What motivates you

How To Get Started
University Career Services offers various career assessments including: Focus 2, Myers-Briggs Type Indicator, and the Strong Interest Inventory. Meet with a Career Development Specialist to determine which assessments are best for you and how to use them.

Web Resources
• University Career Services: careers.rutgers.edu
  ("Assess Your Skills & Interests" and "Explore Majors & Careers" sections)
• O*NET: www.onetonline.org/
• Occupational Outlook Handbook: www.bls.gov/ooh
• Candid Career (access through CareerKnight)
• Vault (access through CareerKnight)
Exploring Majors and Careers

Remember that major doesn’t always determine career. While there are occupations that do require specific academic majors for certification (i.e. nursing and engineering), many do not. In fact, many graduates are working in career fields that are not directly related to their undergraduate programs of study.

<table>
<thead>
<tr>
<th>Relationship Between Majors and Careers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major A</td>
</tr>
<tr>
<td>Major A</td>
</tr>
<tr>
<td>Major A</td>
</tr>
</tbody>
</table>

Career Clusters

A career cluster is a grouping of similar occupations.

- Arts & Entertainment
- Business & Communications
- Education & Public and Human Services
- Food and Agriculture & Environmental and Natural Resources
- Health, General Sciences, Technology, Engineering, & Math

Unsure about a major or your career options?

Schedule a 30-minute appointment with a Career Development Specialist through your CareerKnight account.

careers.rutgers.edu
CareerKnight
Your Key to Career Success

CareerKnight is your online career management system, developed specifically for Rutgers students and alumni. Through CareerKnight you can navigate every step of your career development plan with an abundance of resources:

• Schedule career advising appointments
• Register for upcoming workshops and events
• Develop resumes and cover letters
• View and apply for internship and job listings
• Participate in the On-Campus Interviewing Program
• Practice interviewing through “Mock Interviews”
• Learn about the latest career and internship fairs

careers.rutgers.edu/CareerKnight

Offices

College Avenue Campus: Gateway Transit Village
106 Somerset Street, 4th FL
New Brunswick, NJ  08901
848-932-7997
732-247-0858 (Fax)

Busch Campus:
Busch Student Center
604 Bartholomew Road
Piscataway, NJ 08854
848-445-6127
732-445-6150 (Fax)